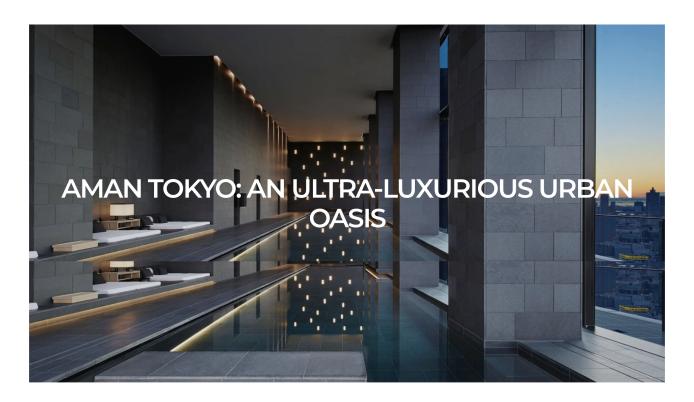
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The official magazine of Triple F.A.T. Goose

HOME GEAR TRAVEL DT LIFE TRIPLE F.A.T. GOOSE



Imagine finding the peace and tranquility of a Japanese garden and traditional inn nearly 40 stories above the bustling and bursting streets of Tokyo's financial district.

SHARES









THE LOBBY

Setting foot in the lobby is a transcendent experience as you experience the clarity that comes from the light versus dark architecture that combines tradition and minimalism with awe-inspiring artistry. A perfect example of this is the 100-foot high atrium that is constructed of Washi paper to look like a giant Shoji lantern.

Just like the real thing, it gives off subdued lighting that highlights the dark, camphor wood engawa-like walkway that encircles a lounge space that includes an ikebana flower arrangement, Zen-style rock gardens and open-yet-secluded sitting areas. For those needing sustenance, a bar, cigar lounge, cafe and restaurant are all tucked around the lobby to provide a bevy of options for guests and visitors alike.

Sleek, dark basalt stone walls and floors add a modern feel while the floor-to-ceiling windows offer a bird's eye views of the modern madness happening outside along with breathtaking glimpses of the Imperial Gardens, Tokyo Skytree and Mount Fuji.

THE ROOMS

size, all styled in the fashion of Ryokans—traditional style Japanese inns. They're incredibly spacious, but also thoughtfully compartmentalized thanks to the sliding shoji screen doors.

The floor-to-ceiling windows and clean lines carry through from the lobby, but the wood is lighter for a homey, restful vibe that's enhanced by the traditional calligraphy scrolls on the walls and earthy ceramics. There are electronic controls for just about everything and all your modern tech needs are furnished as well, but they're hidden from view to complement the peaceful nature of the space.

Each room features a deep furo bath—a Japanese soaking tub—that is used less for bathing and more for relaxing and improving bodily health. Similar to a sauna routine, using a furo tub involves an intricate mix of soaking and showering so thankfully instructions are provided for the uninitiated.

THE SPA

With such a premium put on serenity, it shouldn't be surprising that the Aman Spa Tokyo covers two floors and takes up nearly 30,000 square feet.

Just like the architecture speaks to Japan's past in a modern fashion, the treatments infuse *kampo* (holistic Japanese traditional medicine) with Western-style techniques and customary spa amenities such as an aroma steam room, sauna and whirlpool.

For those looking for something more vigorous, there are yoga and Pilates studios (with private classes available) plus a well-appointed fitness center with more floor-to-ceiling windows. From the private treatment rooms to the stunning 30-meter Japanese-style pool, everything about the spa is sleek and sunlit to unclutter your mind and brighten your day.

THE EXPERIENCE

There's no shortage of adventures to be had in Japan's busy capital city. Whatever you want, from the historic majesty of the Imperial Palace Gardens to the youthful fun and fashion of the Shibuya district, is at your fingertips.

But with so much to offer, to call the city overwhelming is an understatement. For those looking for premium hospitality service that allows them to relax and recharge while still experiencing one of the most dynamic cities in the world, the Aman Tokyo answers the call in spectacular fashion.

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